

**COLLABORATION
STATION™**



Community Class

1194 Oakfield Avenue
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Collaborationstationny.com

SEXUAL HEALTH & WELLNESS 101

Collaboration Station is excited to offer Sexual Health & Wellness classes. This comprehensive sex education class is designed to provide age-appropriate, inclusive, and medically accurate information about human development, relationships, personal boundaries, consent, and sexual health. Through interactive discussions, multimedia resources, and real-life scenarios, students will learn about anatomy, puberty, reproductive health, safe sex practices, gender identity, and emotional intelligence. The course fosters respectful communication, self-awareness, and responsible decision-making in a supportive environment.



- Body Awareness & Anatomy
- Building meaningful relationships
- Learning how to navigate social situations
- Exploring personal goals and life skills
- Strengthening emotional awareness and independence

**Classes are open to individuals of all abilities!
This course will run weekly for eight weeks for
one-hour sessions. The cost is \$100.00 per session.**

**To attend, please scan the QR code or
email us at Collaborationstationny@gmail.com**

